



Mount Gambier Farmers Market

local produce for local people



Newsletter

August 2015

COME AND MEET GEORGE
AT THE SPRING FEAST

SIMON BRYANT – 29 AUGUST 2015

For those of you who did not get the chance to come along on Saturday, you missed a very entertaining and informative cooking session with Simon Bryant.

A large crowd sampled one of Simon's recipes from his latest cook book *Vegetables, Grains & Other Good Stuff* which was available for sale on the day. Simon signed copies of his book and was happy to stay around and have a chat.

Simon was able to source most of the ingredients for his recipe from the stallholders at the Market and was very impressed with the standard of produce available.

Congratulations to Ananda Garlic on their Gold Medal win at the Royal Melbourne Fine Food Awards for their "Korean Style Pickled Garlic" – Well done!!

STALLHOLDER FEATURE



You may have noticed over the last couple of weeks that H2Organics is now known as Amblemead Produce. Although James grows his vegetables and herbs organically they are not "certified" organic and so to avoid any confusion he has made the name change.

All the vegetables and herbs James grows are from heirloom seed which are harvested and propagated by James for the next seasonal crop. Amblemead Produce promises to offer something different at each market and over the last few weeks James' assorted Focaccias have proved very popular.

Look out for more varieties of vegetables in the coming weeks as the weather warms up and the seeds/seedlings start to produce.

DID YOU KNOW?

Chefs use Borago Flowers as a garnish

COMING EVENTS :

- Committee Meeting** 14 September
- MFGM Annual General Meeting** 7 October
- SPRING FEAST** 31 October
- SUMMER FEAST** 23 January
- Fermentation Day**

See next month's **Newsletter** for more information



A large crowd gathered to watch Simon, with assistance from Lee, to cook up a storm and later to sign copies of his latest cookbook

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